

# CONFIDENTIAL HEALTH INFORMATION

Please allow our staff to photocopy your driver's license and insurance details. All information you supply is confidential. We comply with all federal privacy standards.

Please print clearly.

Olson Chiropractic, P.C.  
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Date (MM/DD/YYYY) \_\_\_\_\_

Have you consulted a chiropractor before?  No  Yes

When? \_\_\_\_\_ If so, whom? \_\_\_\_\_

Whom may we thank for referring you? \_\_\_\_\_

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Middle Name (or initial) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Province \_\_\_\_\_

ZIP/Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Birth Date (MM/DD/YYYY) \_\_\_\_\_

Race/Ethnicity \_\_\_\_\_

Gender:  Male  Female

Marital Status: (Circle One) Single/Married/Divorced/Widowed/Separated

Spouse's Name \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone Number \_\_\_\_\_

Your Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip/Postal Code \_\_\_\_\_

Primary Care Provider's Name \_\_\_\_\_

Provider's Phone Number \_\_\_\_\_

1. **The symptom(s) that have prompted me to seek care today include:**

\_\_\_\_\_

2. **And are the result of:**  An accident or injury  Work  Auto  Other \_\_\_\_\_

(Darken circle)  A worsening long-term problem

An interest in:  Wellness  Other \_\_\_\_\_

3. **Onset** (When did you first notice your current symptoms?)

\_\_\_\_\_

4. **Pain Intensity** (Darken circle)

On a scale of 0 to 10, rate your pain:

0           10  
Absent Uncomfortable Agonizing

5. **Duration and Timing** (When did it start and how often do you feel it?)

Constant  Comes and Goes

How often? \_\_\_\_\_

6. **Symptoms (How it feels)**

(Darken circle)

- Numbness  Tingling  Burning  
 Stiffness  Dull  Shooting  
 Aching  Cramps  Throbbing  
 Nagging  Sharp  Stabbing  
 Other: \_\_\_\_\_

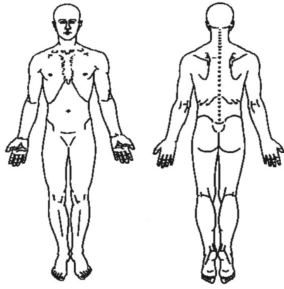
7. **Radiation** (Does it affect other areas of your body? To what areas does the pain radiate, shoot, or travel.)

\_\_\_\_\_

8. **Aggravation or relieving factors** (What makes it better or worse such as time of day, movements, or activities.)

\_\_\_\_\_

9. **Location (where it hurts)** Mark area(s) on illustration.



10. **Prior interventions** (What have you done to relieve the symptoms?) (*Darken circle*)

- |  |                                       |
|--|---------------------------------------|
| <input type="checkbox"/> Prescription Medication | <input type="checkbox"/> Surgery      |
| <input type="checkbox"/> Over-the-counter drugs  | <input type="checkbox"/> Acupuncture  |
| <input type="checkbox"/> Homeopathic remedies    | <input type="checkbox"/> Chiropractic |
| <input type="checkbox"/> Physical therapy        | <input type="checkbox"/> Massage      |
| <input type="checkbox"/> Ice                     | <input type="checkbox"/> Heat         |
| <input type="checkbox"/> Other _____             |                                       |

11. **Please list anything else** Dr Olson should know about your current condition: \_\_\_\_\_

\_\_\_\_\_  
**Patient Name**

\_\_\_\_\_  
**Consultation Notes:**

**12. Review of Systems**

Chiropractic care focuses on the integrity of your nervous system, which controls and regulates your entire body. Please **darken the circle** beside any condition that you have **Had** or currently **Have**.

**Musculoskeletal**

- |   |  |  |  |  |  |
|---|--|--|--|--|--|
| Had <input type="checkbox"/> Have <input type="checkbox"/> Osteoporosis | Had <input type="checkbox"/> Have <input type="checkbox"/> Arthritis | Had <input type="checkbox"/> Have <input type="checkbox"/> Scoliosis | Had <input type="checkbox"/> Have <input type="checkbox"/> Neck Pain | Had <input type="checkbox"/> Have <input type="checkbox"/> Back Problems | Had <input type="checkbox"/> Have <input type="checkbox"/> Hip Disorders |
| <input type="checkbox"/> Knee injuries                                  | <input type="checkbox"/> Foot/ankle pain                             | <input type="checkbox"/> Shoulder problems                           | <input type="checkbox"/> Elbow/Wrist Pain                            | <input type="checkbox"/> TMJ Issues                                      | <input type="checkbox"/> Poor Posture                                    |

**Neurological**

- |  |   |   |  |   |   |
|--|---|---|--|---|---|
| Had <input type="checkbox"/> Have <input type="checkbox"/> Anxiety | Had <input type="checkbox"/> Have <input type="checkbox"/> Depression | Had <input type="checkbox"/> Have <input type="checkbox"/> Headache | Had <input type="checkbox"/> Have <input type="checkbox"/> Dizziness | Had <input type="checkbox"/> Have <input type="checkbox"/> Pins/Needles | Had <input type="checkbox"/> Have <input type="checkbox"/> Numbness |
|--|---|---|--|---|---|

**Cardiovascular**

- |  |   |   |   |   |   |
|--|---|---|---|---|---|
| Had <input type="checkbox"/> Have <input type="checkbox"/> High blood pressure | Had <input type="checkbox"/> Have <input type="checkbox"/> Low blood pressure | Had <input type="checkbox"/> Have <input type="checkbox"/> High cholesterol | Had <input type="checkbox"/> Have <input type="checkbox"/> Poor circulation | Had <input type="checkbox"/> Have <input type="checkbox"/> Angina | Had <input type="checkbox"/> Have <input type="checkbox"/> Excessive bruising |
|--|---|---|---|---|---|

**Digestive**

- |   |  |   |  |   |   |
|---|--|---|--|---|---|
| Had <input type="checkbox"/> Have <input type="checkbox"/> Anorexia/bulimia | Had <input type="checkbox"/> Have <input type="checkbox"/> Ulcer | Had <input type="checkbox"/> Have <input type="checkbox"/> Food sensitivities | Had <input type="checkbox"/> Have <input type="checkbox"/> Heartburn | Had <input type="checkbox"/> Have <input type="checkbox"/> Constipation | Had <input type="checkbox"/> Have <input type="checkbox"/> Diarrhea |
|---|--|---|--|---|---|

**Sensory**

- |   |  |   |  |  |  |
|---|--|---|--|--|--|
| Had <input type="checkbox"/> Have <input type="checkbox"/> Blurred Vision | Had <input type="checkbox"/> Have <input type="checkbox"/> Ringing in ears | Had <input type="checkbox"/> Have <input type="checkbox"/> Hearing loss | Had <input type="checkbox"/> Have <input type="checkbox"/> Chronic ear infection | Had <input type="checkbox"/> Have <input type="checkbox"/> Loss of smell | Had <input type="checkbox"/> Have <input type="checkbox"/> Loss of taste |
|---|--|---|--|--|--|

**Endocrine**

- |   |   |   |   |   |   |
|---|---|---|---|---|---|
| Had <input type="checkbox"/> Have <input type="checkbox"/> Thyroid issues | Had <input type="checkbox"/> Have <input type="checkbox"/> Immune disorders | Had <input type="checkbox"/> Have <input type="checkbox"/> Hypoglycemia | Had <input type="checkbox"/> Have <input type="checkbox"/> Frequent infection | Had <input type="checkbox"/> Have <input type="checkbox"/> Swollen glands | Had <input type="checkbox"/> Have <input type="checkbox"/> Low energy |
|---|---|---|---|---|---|

**Constitutional**

- |   |   |  |  |   |   |
|---|---|--|--|---|---|
| Had <input type="checkbox"/> Have <input type="checkbox"/> Fainting | Had <input type="checkbox"/> Have <input type="checkbox"/> Low libido | Had <input type="checkbox"/> Have <input type="checkbox"/> Poor appetite | Had <input type="checkbox"/> Have <input type="checkbox"/> Fatigue | Had <input type="checkbox"/> Have <input type="checkbox"/> Sudden weight loss or gain | Had <input type="checkbox"/> Have <input type="checkbox"/> Weakness |
|---|---|--|--|---|---|

13. **Illnesses.** *Darken the circle* of the illness you **Had** or now **Have**:

- |   |  |
|---|--|
| Had <input type="checkbox"/> Have <input type="checkbox"/> AIDS | Had <input type="checkbox"/> Have <input type="checkbox"/> Malaria |
| <input type="checkbox"/> Alcoholism                             | <input type="checkbox"/> Measles                                   |
| <input type="checkbox"/> Allergies                              | <input type="checkbox"/> Multiple Sclerosis                        |
| <input type="checkbox"/> Arteriosclerosis                       | <input type="checkbox"/> Mumps                                     |
| <input type="checkbox"/> Cancer                                 | <input type="checkbox"/> Polio                                     |
| <input type="checkbox"/> Chicken pox                            | <input type="checkbox"/> Rheumatic fever                           |
| <input type="checkbox"/> Diabetes                               | <input type="checkbox"/> Scarlet fever                             |
| <input type="checkbox"/> Epilepsy                               | <input type="checkbox"/> Sexually transmitted disease              |
| <input type="checkbox"/> Glaucoma                               | <input type="checkbox"/> Stroke                                    |
| <input type="checkbox"/> Goiter                                 | <input type="checkbox"/> Tuberculosis                              |
| <input type="checkbox"/> Gout                                   | <input type="checkbox"/> Ulcer                                     |
| <input type="checkbox"/> Heart disease                          |  |

14. **Operations.** Surgical interventions which may or may not have included hospitalization.

- Appendix removal
- Bypass surgery
- Cancer
- Cosmetic surgery
- Elective surgery \_\_\_\_\_
- Eye surgery
- Hysterectomy
- Pacemaker
- Spine \_\_\_\_\_
- Tonsillectomy
- Vasectomy
- Other \_\_\_\_\_

15. **Injuries.** Have you ever...

- Had a fractured or broken bone \_\_\_\_\_
- Had a spine or nerve disorder \_\_\_\_\_
- Been knocked unconscious \_\_\_\_\_
- Been injured in an accident \_\_\_\_\_

16. **Medications**

17. **Family History.** Some health issues are hereditary. List health issues of your immediate family members. \_\_\_\_\_

18. **Social History.** (*Darken circle*)

- |              |                                |                                 |
|--------------|--------------------------------|---------------------------------|
| Alcohol use  | <input type="checkbox"/> Daily | <input type="checkbox"/> Weekly |
| Caffeine use | <input type="checkbox"/> Daily | <input type="checkbox"/> Weekly |
| Tobacco use  | <input type="checkbox"/> Daily | <input type="checkbox"/> Weekly |
| Exercise     | <input type="checkbox"/> Daily | <input type="checkbox"/> Weekly |

\_\_\_\_\_  
**SIGNATURE**

\_\_\_\_\_  
**DATE: (MM/DD/YYYY)**